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### **Isha Distributes Over 1000 Ration Kits To Tribals In Karnataka's Chickballapur**

**27 June, Chickballapur:** Under the guidance of Sadhguru, Isha Outreach has been involved in several social welfare measures in Chickballapur district, Karnataka in the last 60 days. It has made available over 1000 ration kits containing all essential items to the villages of Dinnehosahalli, Susepalya, Hanumanthapura, Harobande, Gundapanahalli, Gondahalli, Arikere, Kuralahalli, Vadarapalya, Hariharpura.

"The grim situation in the country requires every one of us to do our best. Whatever the area of life or nature of our activity, all of us can do our bit to see that the nation goes through this with a minimum amount of loss," Sadhguru recently said about the second COVID Wave.

Isha volunteers also ensured supply of ration kits to the nomadic and semi-nomadic tribes residing in the district last fortnight. The kits were distributed by Dr Sudhakar, Health Minister and Medical Education Minister, Govt. of Karnataka in the Presence of Ms Latha, IAS, District Commissioner, among other officials.

Isha has also been providing snacks and beverages to all district and taluk government hospitals daily. Medical equipment and hospital care items, including ECG machines, were supplied to a newly-opened hospital.

Isha volunteers have been assisting the Health Department by providing online consultation and coordinating between doctors, hospitals and the families of COVID patients.

Isha has regularly been distributing snacks, fruit packs, beverages, N 95 masks, COVID medical kits to patients, police personnel and the needy for the last 60 days.

In the last 50 days, the organization has distributed over 4 lakh food packets to frontline workers and underprivileged communities in Karnataka. Isha distributed ration kits containing essential food items to around 550 nomadic and semi-nomadic tribes in Chikkaballapur and neighbouring taluks. Moreover, over 1,600 ration kits will be distributed to the villages in the Chikkaballapur district.

Recently, the Outreach distributed 160 ration kits at the Patrika Bhavan of Chickballapur. Isha took the opportunity to hail the media personnel as front line COVID warriors and proposed a special session of Simha Kriya, a Yogic Practice to boost lung capacity and fight infections, for them and their families on 5th July. They were touched by this gesture!

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