



Linga Bhairavi is the ultimate manifestation of the Divine Feminine, consecrated by Sadhguru through prana pratishtha, a rare mystical process that uses life energies to transform a mere stone into a deity. Fierce and compassionate at once, Devi nurtures her devotees, supporting all aspects of their wellbeing – physically, materially, and most importantly, spiritually. Sadhguru also offers powerful energy forms called Yantras for those who are longing to bring Devi home and consecrate their living spaces.

Receiving a Yantra is like having a live temple not only for yourself, but for the wellbeing of all those around you. A tremendous privilege that also carries with it a deep responsibility, this is like receiving Devi herself as a living presence and lifelong companion. The best way to be receptive to the energies of Devi is to approach her with utmost devotion and a sense of offering. Yantras are consecrated individually for each recipient and are offered during an intimate Yantra Ceremony in the presence of Sadhguru.

Linga Bhairavi Yantra



The Linga Bhairavi Yantra is a unique energy form that transforms the home into a Divine possibility, enabling you and your loved ones to live in Devi's nurturing embrace. The Yantra is available for homes that are up to 2500 square feet in size. It weighs 30 kg and measures 15" x 19" x 5".



"Anxiety, fear and anger which had crippled me got transformed into serenity, calmness and peace from the day we received the Linga Bhairavi Yantra from Sadhguru. Now that Devi is home, the house is filled with elation and tremendous energy, which is also felt by people (who know nothing about Devi) who visit our house."

- JD Ghosh, UK





Avighna Yantra

"Avighna" means "remover of obstacles". The Avighna Yantra is available for homes larger than 2500 square feet in size and all kinds of business spaces (it can also be placed in smaller homes). It weighs 150 kg and measures 30" x 36" x 8". The Avighna Yantra creates a powerful presence of Devi and consecrates the home or office, enabling all to bask in her Grace.

"It's not that ups and downs will not happen after Devi comes in. They will still be there. What Devi brings is a certain state of mind – an awareness and an ability to detach yourself from those ups and downs, to handle those situations better."

Ashutosh Khurana,
 Co-founder and CEO – Mind Edutainment, India

Frequently Asked Questions ~ \times \



Who can receive the Yantra?

Linga Bhairavi Yantra

- The Linga Bhairavi Yantra can be received by single people or by married couples. If a single person marries after receiving a Yantra, their spouse can do the daily process 3 months after the marriage.
- No more than two people can receive the Yantra and do the daily process. Only those who are receiving the Yantra can participate in the Yantra Ceremony.
- In the case of a married couple, it is highly recommended that both are present to receive the Yantra. However, if it is not possible, one person can receive the Yantra.
- A widowed parent (above the age of 70) can receive the Yantra with their son or daughter, if the son or daughter is single. However, if the son or daughter is likely to marry in the future, it is best for them to receive the Yantra alone, so that after marriage their spouse can do the daily process.
- Only the two recipients can physically touch the Yantra. However, others in the household or quests can bask in Devi's Grace by being in the presence of the Yantra. They can also make offerings to Devi and do practices in the Yantra room.





Avighna Yantra

- The Avighna Yantra can be received by single people, married couples or any two business partners of the same gender.
- All other business partners can benefit from the Yantra, but only the two partners that received the Yantra can physically touch the Yantra and do the daily process. Others can make offerings to Devi and do practices in the Yantra room.
- in the case of a family business, any two partners of the same gender can receive the Yantra.
- **Both partners receiving the Yantra should be present at the** Ceremony.
- bilding if a husband and wife are receiving the Yantra, it is best that both attend the Ceremony. However, if one attends, the other can also do the daily process.

How should the Yantra be placed?

It is best to keep the Yantra in a separate room. If there are space constraints, the Yantra can be kept in the living space or bedroom, provided there is no eating, drinking or sleeping within 10 feet of the Yantra. If one cannot meet these conditions, the Yantra can be kept in an enclosure. The enclosure can be made of wood, metal or glass. No synthetic materials should be used. You may also partition the room with a curtain. It is beneficial to keep the enclosure or curtain open for a few hours daily, especially when doing the daily process. It should be closed while eating, drinking or sleeping within 10 feet of the Yantra.

It is important that a certain sanctity of cleanliness in the physical atmosphere and also in thought, word and deed is maintained in the immediate space of the Yantra. The Yantra can be kept anywhere where you can maintain this sanctity. The Yantra can also be placed with the Linga Bhairavi Gudi, Sadhguru Sannidhi, Dhyanalinga Yantra or any deities you may have.

You can place the Yantra in any direction. It is best to place the Yantra somewhere where direct sunlight does not fall upon it.





How should the Yantra be cared for?

Daily Process

When you receive the Yantra, you will be initiated into a powerful and sacred process by Sadhguru. This 11-minute sadhana has to be done every day by <u>both</u> the recipients individually, unless either of you are away. Moreover, it is recommended that you spend a minimum of 20 minutes with the Yantra every day. Note that you may do the process at any time of the day or night. You need not be on an empty stomach to do the process. Nevertheless, it is best you maintain a light stomach condition.

Offerings

Every Purnima (full moon day), a coconut or ripe lemon should be offered to Devi. If one wishes, this offering can also be done on Amavasya (new moon day). This will especially benefit those experiencing a sense of fear, loss or grief. Additionally, you can make this or any other offering you wish to Devi on any day of the month. Some traditional offerings include sweets, flowers, deepam (ghee lamp), betel leaves, betel nuts, rice and sesame seeds.

Can I do the process if I am having my menstrual cycle?

Yes, there are no such restrictions.



Can I do my other yoga practices in the Yantra room?

Yes. It is beneficial for you and others to do practices in the vicinity of the Yantra.

What do we do when we are away from home?

If one person is away, the other person must continue to do the process. If both of you are away for more than three days, the Yantra should be covered with a white cotton or silk cloth (preferably raw silk). Others can light the lamp daily and make offerings to Devi in your absence. It is important, however, that the Yantra is not uncovered or touched by anyone other than those who are doing the daily process.





What do we do when moving homes or offices?

Only move the Yantra when it is absolutely needed. Before placing it in your home or office, please decide where you want it to be kept. Do not move it for cleaning purposes.

What will happen to the Yantra after we pass away?

The Yantra can be passed on from generation to generation. It can only be passed on to the next generation after the individual or couple that received it has passed away. You will need to choose one of your children to pass on the Yantra to. Upon your passing, your son or daughter will need to contact the Yantra Team for instructions. They should not touch the copper portion of the Yantra or do the process until they have received these instructions. They should also arrange to perform the Kalabhairava Karma on your behalf. If you do not have children, or if your children do not wish to take the Yantra, please contact the Yantra Team to determine how the Yantra will be cared for.



Seek her in Devotion
She is an ocean of Compassion
Seek her in Desperation
She is a steadfast Companion
Seek her in true Passion
You will be loved to Distraction
Just seek her in your Confusion
She will lead you to Fruition
Jai Bhairavi Devi

Love & Blessings

Sadhgahu

