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Isha kicks off Navratri celebrations

29 September 2019, Coimbatore: The annual nine-day Navratri celebrations commenced at Isha Yoga Center today drawing large audiences for an evening of music and dance. The celebrations will culminate with Vijayadashami – the 10th day of victory – on 8 October.

The nine-day festival is a celebration of the Divine Feminine and the tenth day symbolizes victory of light over darkness in the constant human quest for mastery over self.

The first day of Navratri began with a special celebration at Linga Bhairavi, adorned with Kumkum Abhishekam. The first 3 days symbolize feminine power represented by Durga.

The traditional exhibition of dolls locally known as “Gollu” is a major annual attraction at Isha. The Gollu will be on display for public at the Suryakund throughout Navratri. In an amalgamation of the modern and the traditional, this year’s Gollu theme is “Cauvery Calling”, Isha’s recently launched river revitalization effort that has received massive public support. The Gollu also includes the Krishna Leela, the Mysore Dussehra and scenes from the Indian epic, Mahabharatha.

Today also marked the first day of cultural performances at the Suryakund which will continue through Navratri. A folk dance by Perundurai KKC Salangai Atta Kulu team from 6:45 to 7.45 p.m. drew hundreds of people. Annadanam was offered for the audience post the cultural programme.

A Bharathanatyam performance by Smt. Dakshina Vaidyanathan is expected to draw similar crowds tomorrow at the same venue.

Navratri celebrates the Divine Feminine in three dimensions - Durga, Lakshmi and Saraswati symbolic of power, prosperity and knowledge. Each of these attributes is celebrated for a period of 3 days over the nine-day period. The tenth day, Vijayadashami, marks mastery over all three dimensions.

If you would like to know more about this, please write to mediarelations@ishafoundation.org.