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## Isha Yoga Center celebrates Republic Day

**26 January 2020, Coimbatore:** Isha Yoga Center celebrated the 71st Republic Day with unfurling of the tricolor today at 8.15 a.m. at Malai Vasal near Adiyogi. Sadhguru's message was read out at the event. "A nation is not an absolute. But without a national entity, there is no way to take a mass of people ahead.

Unfortunately, in our country, after this many years of independence, still, nearly 400 million people are severely malnourished. Our country's soil is depleting, water resources are depleting and there are many other issues which are of great human concern. It is important that every citizen of our beloved Bharat must stand up to see how all of us can participate in being a solution for these enormous problems.

I beseech all the youth - youth means a life in high energy state - all of you, in your own ways, please see how to find solutions for many problems that our nation faces. We have gone through a very debilitating occupation period. We're just recovering from that. It's very important that we put this nation back on rails, back towards development, back towards unification of everything that we are.

All of us, who have chosen to be Bharatwasis, are citizens of this nation. Please let us be committed to making this happen, because this is our time on this planet. How we build this nation during our generation is in our hands. It's my wish and my blessing that we as a generation of people, should create the best India that ever was. Let us make it happen."

The National Flag was unfurled by a farmer, Shri. Duraisamy. The President of Boluvampatti Panchayat, Shri. Sadhanandam, Vice President of Boluvampatti Panchayat, Shri. Palanasami and Boluvampatti Ward Member, Shri. S.P. Velumani graced the occasion as chief guests.

In addition, a large number of people participated in the celebration including Isha volunteers, Nadi Veeras (Rally for Rivers volunteers), Isha Samskriti students, Isha residents and local communities.

## If you would like to know more about this, please write to <u>mediarelations@ishafoundation.org</u>.