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Isha Vidhya Celebrates 12th Sports Day

Students take a break from their books for a day of fun and games

11 January 2019, Erode: Isha Vidhya Matriculation Higher Secondary School, Erode, celebrated their 12th Sports Day on 11 January 2019. Students from Lower Kindergarten to class 9 participated in various sports with great enthusiasm. They were separated into four groups - Chera, Chola, Pandiya and Pallava, named after the powerful Tamil dynasties that ruled the region between the 9th and 15th centuries.

Excited students rolled up their sleeves for sports, track and field events including Volley ball, Throw ball, the 100-meter, and 200-meter dashes, high jump and long jump. Other special programs included property dance, karate and mass drill performed by students of classes 1 to 8.

The Pandiya team won the overall championship trophy and Chola team bagged the second prize. Chief Guests Shri. Gomathi, Fire Station Officer- Modakuruchi and Shri. Brough, Headmaster, Govt. Higher Secondary School- Avalpoondurai, were present to cheer the students. They distributed prizes to winners at the conclusion of the program.

Isha Vidhya

Isha Vidhya, an Isha Education initiative of Isha Foundation, is committed to raise the level of education and literacy in rural India and help disadvantaged children realize their full potential. The project seeks to ensure quality education for children in rural areas in order to create equal opportunities for all to participate in and benefit from India's economic growth. Isha Vidhya currently operates 9 rural schools and supports

over 500 government schools in Tamil Nadu and Andhra Pradesh. Committed to promoting education for girl children, Isha Vidhya's efforts have seen increased enrolment of girl students in all Isha Vidhya schools. Over 60% of students in Isha Vidhya are on full scholarship; the rest are on a heavily subsidized fee structure.

Isha Foundation

Isha Foundation, founded by Sadhguru, is a volunteer-run, international non-profit, human service organisation dedicated to cultivating human potential. Isha Foundation is operated by over 9 million volunteers from more than 250 city-based centers spread worldwide. The Foundation is headquartered at Isha Yoga Center, set at the base of the Velliangiri Mountains in southern India, and at the Isha Institute of Inner Sciences on the spectacular Cumberland Plateau in middle Tennessee, USA.

If you would like to know more about this, please write to mediarelations@ishafoundation.org.