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Email: [mediarelations@ishafoundation.org](mailto:mediarelations@ishafoundation.org)

### **Foundation stone ceremony for Kalabhairava Mantapam held at Isha Yoga Center**

**21 July 2020, Coimbatore:** The Isha Yoga Center will soon house the Kalabhairava Mantapam where the consecrated deity of Kalabhairava will be installed. The foundation stone ceremony for the Mantapam was held yesterday at the Isha Yoga Center. The Mantapam will be located near the Malai Vassal entrance of the Yoga Center. The ceremony was streamed live to audiences around the world. It was not open to public in view of the pandemic.

Sadhguru, Founder, Isha Foundation, in his brief message on the significance of Kalabhairava said, “Kala means both time and space, the two fundamental aspects of our very existence. Only to what extent, either consciously or unconsciously, one has a certain amount of access and mastery over these two elements will determine how profound and how impactful a life that one is.” He said Kalabhairava “will serve both the living and the dead” adding that the process is very relevant to the contemporary global situation. “Especially at a time like this when there is a pandemic and mortality blatantly hanging in our face, Kalabhairava is very relevant and meaningful because the foil of life is death. It’s very important to understand life dances upon the stage of death. May your dance continue with utmost vigour and also when it is time, let us know how to pass with a very profound experience of transition.”

Yesterday was Somavati Amavasya, a rare and auspicious celestial happening which Sadhguru termed as “an ideal time to establish an energy and a force like Kalabhairava.” The construction of the Mantapam and the consecration of the deity are expected to be completed in 6-8 months. The deity will be the Kshethrapala or the Protector of the

Kshethra, the Yoga Center. Sadhguru said that the Kalabhairva consecration, “will in many ways complete the consecration processes that have been happening for over 25 years now at the Isha Yoga Center.”

The foundation stone ceremony began at 6:20 p.m. and ended by 7 p.m.

**If you would like to know more about this, please write to [mediarelations@ishafoundation.org](mailto:mediarelations@ishafoundation.org).**